

County of Sullivan, NH

**Type of meeting: Board of Commissioners Regular Business Meeting
Minutes**

Date/Time: Tuesday, August 17th, 2010; 3 PM

Place: Sullivan County Health Care, Frank Smith Living Room, 5 Nursing Home Drive, Unity NH

Attendees: Commissioners Jeffrey Barrette - *Chair*, Bennie Nelson - *Vice Chair*, and Ethel Jarvis - *Clerk*, Greg Chanis - *County Administrator*, Peter Farrand - *Human Resource Director*, Ted Purdy - *Sullivan County Health Care (SCHC) Administrator*, John Cressy - *Facilities Director*, and Sharon Callum - *Administrative Assistant/Minute Taker*.

Special Guests: Sally Tanner - *NH Primex Member Services Consultant*, Kirstin Vanbuskirk - *NH Primex Assistant Manager Benefit Programs*, Rodney R. Tucker, PE - *Vice President Bonhag Associates of Lebanon NH*, Ellen Raymond, PE - *Vice President/Engineering Manager Bonhag Associates*, Christine Walker - *Executive Director of Upper Valley Lake Sunapee Regional Planning Commission (UVLSRPC)*, and Michael McCrory - *Senior Planner UVLSRPC*

Public Attendees: Rob and Coleen Hennig - *Newport Residents*, and Larry Converse - *Claremont Resident*

Agenda Item No. 1 Work Session to Review Health Insurance Plans (Held in the SCHC Business Conf. Rm)

Board members, Greg Chanis, and Peter Farrand met with NH Primex representatives Sally Tanner and Kirstin Vanbuskirk for an informational session regarding health benefit options. Documents distributed included: Sullivan County Current Plan Options July 1, 2010 to July 1, 2011 [Appendix A.1-4], Sullivan County Alternative Plan Options [Appendix B. 1-5], Creative Solutions: Top Recommended Alternative Plan Options for Sullivan County [Appendix C.1-3], Top Ten Rx [Appendix D], Sullivan County RX Claims by Tier [Appendix E], and Primex Health monthly demographics [Appendix F.1-2]. No decisions were made during this work session.

2:55 Ms. Tanner and Ms. Vanbuskirk left the work session.

3:00 The Board reconvened with County Administrator, and the SCHC Administrator, in the Frank Smith Living Room, along with the other above attendees.

3:03 The Chair brought the meeting to order and led all in the *Pledge of Allegiance*.

Agenda Item No. 6.c. County Administrator's Report

Mr. Chanis noted the SPF Coordinator's husband was present to currier the ratified application to NH State, as today was the deadline; and, requested the Board consider the review and ratification of the grant application first. The Board reviewed the Certificate of Vote:

The Board reviewed the P-37 Agreement [Appendix G.1-4] – a grant award agreement for \$185,869 to fund the Regional Network (aka Strategic Prevention Framework), effective 10/1/10 through 6/30/11.

The Board reviewed, and the Chair entered into the minutes, the Certificate of Vote, which read as follows:

I, Jeffrey Barrette of the County of Sullivan, NH do hereby certify that:

1. I am the duly elected Commissioner Chair of the County of Sullivan, NH;

2. The following are true copies of two resolutions duly adopted at a meeting of the Board of Directors of the corporation duly held on August 17, 2010;

RESOLVED: That this corporation enters into a contract with the State of New Hampshire, acting through its Department of Health and Human Services, Division of Community Based Care Services.

RESOLVED: That the County Administrator is hereby authorized on behalf of this corporation to enter into said contract with the State and to execute any and all documents, agreements, and other instruments; and any amendments, revisions, or modifications thereto, as he may deem necessary, desirable, or appropriate. Greg Chanis is the duly appointed County Administrator of the corporation.

3. The foregoing resolutions have not been amended or revoked and remain in full force and effect as of August 17, 2010.

IN WITNESS WHEREOF, I have hereunto set my hand as the Commissioner Chair of the corporation this 17th day of August, 2010.

[See Appendix H for fully ratified form with seal.]

3:15 Motion: to enter into the \$185,869 award contract and to allow the County Administrator to sign the contract and any other award documents required. Made by: Nelson. Seconded by: Jarvis. Voice vote: all in favor.

3:16 Peter Farrand notarized the P-37 Agreement form, which Mr. Chanis signed and dated; then left the room. Ms. Callum also left the room to make copies of the documents and to give the package to Mr. Hennig.

Agenda Item No. 4. Sullivan County Health Care Administrator's Report

Agenda Item No. 4.a. Census

Mr. Purdy distributed copies of the following reports [Appendix I.1-4]

- July 2010 Preliminary Medicare, Private, Medicaid, HCBC, Managed Care, and Medicare B Revenue
- Sullivan County Nursing Home Quarterly Resident Census
- Summary Admission/Discharge List 7/1/2010 thru 7/31/10
- Interim Aged Analysis

3:22 Ms. Callum returned to the room.

Agenda item No. 2 Biomass Combined Heat & Power Feasibility Study Review, Bonhag Associates

Copies of the feasibility study [see report on County website:

[http://www.sullivancountynh.gov/media/pdfs/feasibilitystudy_march17_10.p](http://www.sullivancountynh.gov/media/pdfs/feasibilitystudy_march17_10.pdf)

df] and power point presentation handout [Appendix J.1-4.] were distributed, which Rodney Tucker and Ellen Raymond, reviewed. Once the presentation was over, Christine Walker discussed data and opportunities available as far as local electrical companies rebates. Mr. Chanis noted the County, with the design set up, would not expect to make more energy than they use.

4:06 Both Mr. Tucker & Ms. Raymond left the meeting.

Agenda Item No. 3 Upper Valley Lake Sunapee Regional Planning Commission

The Board and County Administrator received copies of the 8/5/10 12:50 PM e-mail from Mike McCrory, regarding two issues UVLSRPC attended the meeting to discuss, as well as a document regarding sustainable communities and Energy Technical Assistance & Planning [Appendix K.1-5]

4:13 Mr. Purdy and Mr. Cressy left the room.

Ms. Walker spoke of HEAL [Healthy Eating Active Living] program, and a HUD Community Challenge grant they are applying for; if received, the award will help fund mapping of healthy food sources – farmers markets, grocery stores - within the county. UVLSRPC found that Sullivan county has the lowest amount of food stores per population, and highest obesity rate.

Ms. Walker spoke briefly about municipal support received for a HUD statewide initiative to create regional lists of prioritized projects the communities want to see implemented – letters of support have come from Grafton County Commissioners, Newport, Sunapee, Charlestown, Claremont, and Acworth. UVLSRPC will use funding to ensure their regional plan is

updated, by referring to the State's plans for: the ten year transportation plan, the regional plan, and consolidated financing plan.

Ms. Walker inquired about the County's Energy Efficiency Conservation Block Grant received. Mr. Chanis briefed her on the four projects the County received the award for: Biomass CHP feasibility study, solar hot water heating at the jail, nursing home lighting/occupancy sensor retrofit, and an energy audit on one of the Newport buildings. Mr. Chanis pointed out they have a surplus, as one project came in under the estimate, and they'll be checking on using funds elsewhere, within the County.

Ms. Walker pointed out that this program was just a piece of the larger umbrella of funding, whereas, another piece provides funding for technical assistance - Mike McCrory is updating the master plans, inventories, and has invited municipalities to request their needs - funding is for planning, not implementing.

Ms. Walker discussed the Charlestown/Walpole project where they came to a resolution about moving the rail line and highway, in order to create a safer travel environment.

Agenda Item No. 6. County Administrator's Report

Agenda Item No. 6.a. FY '10 Audit Update

Mr. Chanis noted they don't have the audit numbers yet; the auditor's last day in the County was Wednesday and on the way out, auditors complemented administrative staff for their thoroughness and completeness. Chanis noted cash flow, when compared to last year, is doing very well; 2.3 million of cash was earmarked for the Community Corrections Center (CCC) project; they are in the final billing stage for CCC expenses. Chanis anticipates borrowing for operating expenses in early September. He noted the Delegation Executive Finance Committee meets next Monday [8/23/10], at which time a line of credit will be requested.

Agenda Item No. 6.b. JC Penney Afterschool Slots For Youths - \$4,620 Grant Award

Copies of the JCPenney After School Mini Grants Slots for Youths award agreement for \$4,620 [Appendix L] was distributed, along with the proposal [Appendix M.1-5] defining how funds would be applied towards the Claremont Family School Connections program. This grant would be under the direction of Nancy Berry UNH Cooperative Extension, and fiscal oversight of County.

3:20 Motion: to accept the JCPenney Afterschool Slots for Youths award of \$4,620. Made by: Nelson. Seconded by: Jarvis. Voice vote: All in favor.

Agenda Item No. 6.e. Human Services CAP Update

Mr. Chanis discussed the previous State guidance and formula used during budgeting, which, two weeks ago, was changed; accordingly, that change represents a \$116,000 increase over what was budgeted as CAP.

Agenda Item No. 6.f. Review FY '10 County Annual Report For Quotes (RFQ)

The Board reviewed the 8/26/10 4:02 PM e-mail from Sharon Callum [Appendix N] listing three quotes received in response to a RFQ to print 225 annual reports. Quotes received as follows:

1. \$639 (\$284 p/book X 225, Spiral Binding) from New London Copy Specialist of Newport
2. \$873.62 GBC Binding and \$882.62 Spiral Binding from Braden Printing of Keene
3. \$1,068.75 from Letter Man Press of Claremont

4:33 Motion: to go with New London Copy Specialist quote [of \$639.00] for the printing of the County FY10 report. Made by: Nelson. Seconded by: Jarvis. Voice vote: all in favor.

Agenda Item No. 6.g CUFSA Letter of Support for NH Charitable Foundation \$75,000 Grant Application for the Current Juvenile Mentoring Initiative

The Board reviewed [Appendix O] - Liz Hennig's request for support from the Board for an application CUFSA would submit to NH Charitable Foundation for \$75,000; this funding would pay for Big Brothers Big Sisters and Child & Family Services programs, programs currently funded under the federal grant received for the Juvenile Mentoring Initiative program, and would help fund the program when the federal award runs out.

4:35 Motion: to submit the application, accept the funds, and have the County Administrator sign award documents. Made by: Nelson. Seconded by: Jarvis. Voice vote: All in favor.

Agenda Item No. 7. Commissioners' Report
Non given.

Agenda Item No. 8. Public Participation

Larry Converse questioned if any of the EECBG money discussed earlier by the UVLSRPC could be used to help fix the erosion happening to the sewer line running from Unity to Claremont across a farmer's field near the Sugar River. No definite answer was provided, but a suggestion was made for him to refer the question to Claremont [public works department].

Larry Converse questioned if laundry had all been moved out the nursing home building [to the CCC building]? He also asked what was going into the vacated laundry space? Mr. Chanis confirmed the entire laundry was in operation at the CCC; County Electrical and Plumbing Divisions would be moving into some vacated areas; Maintenance gave up their areas for Housekeeping to use for linen space; the former Transitional Housing Unit doors are currently locked until a decision is made pertaining to that area.

Commissioner Nelson mentioned there was a name tag mix up on resident clothing and wondered if Mr. Chanis could look into the matter. Mr. Chanis confirmed he'd follow up with the SCHC Administrator.

Commissioner Jarvis mentioned she heard from one of the Unity select board members about a water level problem with the boilers. Mr. Chanis noted they were in the process of getting the second boiler on line, low water warning did shut the boiler off, but the boiler should be on line by tomorrow.

Non Agenda Item Unity Complex Water Main Break

Mr. Chanis noted at 2:30 PM Friday, Unity Complex experienced a water main break with a 6" cast iron pipe located in the lawn area between the nursing home parking lot and road. Chanis noted Facilities Director John Cressy and Pine Hill Construction fixed the problem - digging it out, replacing the pipe, back filling, and seeding the lawn - within two and ½ hours. He commended them for how quickly the problem was fixed.

Mr. Converse asked if there were plans in place for area where the THU was located? Mr. Chanis noted they have only spoken in generality regarding space reviews for entire building; and pointed out the former THU area has little air movement, has the old steam registers for heating, and there is no immediate need for the area at this point.

Agenda Item No. 9. Meeting Minutes Review

Agenda Item No. 9.a. July 20, 2010 Public Meeting Minutes

Discussion commenced pertaining to wording on reflected in the draft.

4:50 Motion: to approve the 7/20/10 3 PM minutes, removing the words "County Commissioner Candidate". Made by: Nelson. Seconded: Jarvis. Voice vote: All in favor.

Agenda Item No. 9.b. July 20, 2010 4:49 Executive Session Meeting Minutes

4:54 Motion: to accept and seal with a re-look in six (6) months the 7/20/10 4:49 PM executive session meeting minutes. Made by: Nelson. Seconded by: Jarvis. Voice vote: All in favor.

Agenda Item No. 9.c. July 20, 2010 4:24 Executive Session Meeting Minutes

**4:55 Motion: To accept and leave sealed, until we have a signed contract, the 7/20/10 4:24 PM executive session minutes
Made by: Nelson. Seconded by: Jarvis. Voice vote: All in favor.**

**4:57 Motion: to adjourn the meeting. Made by: Jarvis.
Seconded by: Nelson. Voice vote: all in favor.**

Respectfully submitted,



*Ethel Jarvis, Clerk
Board of Commissioners*

Date signed: 9-9-10

EJ/s.j.c.



Tuesday Aug 17, 2010

Sullivan County NH, Board of Commissioners

Special Work Session Meeting – AGENDA

Location: Unity County Complex – Frank Smith Living Room

Sullivan County Health Care Facility, 5 Nursing Home Drive, Unity NH 03743

- 2:00 PM – 3:00 PM 1. Work Session to Review Health Insurance Plans

REGULAR BUSINESS MEETING – AGENDA-Revised

- 3:00 PM – 3:30 PM 2. Biomass Combined Heat & Power Feasibility Study Review, *Bonhag Associates*

- 3:30 PM – 3:45 PM 3. UVLSRPC, Christine Walker Executive Director & Michael McCrory Senior Planner
a. US DOT & HUD Sustainable Communities Initiative
b. Energy Efficiency

- 3:45 PM – 4:05 PM 4. Sullivan County Health Care Administrator's Report, *Ted Purdy*
a. Census
b. Staffing

- 4:05 PM – 4:25 PM 5. DOC Superintendent's Report, *Ross. L. Cunningham*
a. Census
b. Staffing

- 4:25 PM – 4:45 PM 6. County Administrator's Report
a. FY '10 Audit Update
b. JC Penney Afterschool Slots For Youths – \$4,620 Grant Award
c. Ratification of Regional Network D (Strategic Prevention Framework) FY '11 \$185,868 Award Agreement & Certificate of Vote
d. FMAP Update
e. Human Services CAP Update
f. Review FY '10 County Annual Report Quotes
g. CUFSAP Letter of Support for NH Charitable Foundation \$75,000 Grant Application for the current Juvenile Mentoring Initiative

The times reflected on this agenda, other than the start time, are estimates. Actual time will depend on level of interest and participation.

Sullivan County

Current Plan Options
July 1, 2010 to July 1, 2011



**Primex³ Health
HMO High \$5 Option (K8)**

Hospital Inpatient (Including Day Surgery)	100% (coronary care, hospital services, intensive care, physician and surgeon services including consultation, room and board)
Hospital Outpatient	100% (anesthesia, chemo, endoscopic procedures, laboratory tests, x-rays, physician and surgeon services, radiation therapy)
MRI / CT Scans	100%
Emergency Room	\$50 copay (waived if admitted)
Ambulance Services	100%
Physician Services	\$5 copay (injections, allergy testing and treatment, cast changes and removals, chemo, diabetes management, diagnostic screenings, family planning, nutritional counseling, TMD treatment)
Office Visits / Physical Exams	\$5 copay
Maternity Services	\$5 copay initial visit; prenatal and postpartum care, services for mother and routine nursery charges for newborn 100%
Routine Eye Exams*	\$5 copay; 1 / cy Member Savings Discounts - frames & lenses
Dental Preventive Care*	100% preventive care for children under 13; 2 visits / cy
Prescription Drugs - Retail	\$0/\$15/\$15 for 30 days open formulary
Prescription Drugs - Mail Order	\$0/\$1/\$1 for 90 days open formulary
Home Health Care	100%
Skilled Nursing Facility Services	100%, 100 day max / cy
Inpatient Rehabilitation Services	100%, 60 day max / cy
Physical / Speech / Occupational Therapy	\$5 copay, combined 40 visit max / cy
Chiropractic Care*	\$5 copay, 12 visit max / cy
Durable Medical Equipment (DME)	80%, \$5,000 max / cy
Inpatient Mental Health Services	100%
Inpatient Substance Abuse Services	100%
Outpatient Mental Health Services	\$5 copay (\$5 if group)
Outpatient Substance Abuse Services	\$5 copay (\$5 if group)
Deductible: Individual / Family	None
Maximum Annual Cost: Individual / Family	Copays + DME Coinsurance
Maximum Lifetime Benefit	Unlimited

Unlimited Mental Health and Substance Abuse benefits effective July 1, 2010 in compliance with the Federal Mental Health Parity Act.

This is only a summary of benefits, please consult appropriate schedule of benefits

May-10

cy = calendar year max = maximum

* No referral needed for this service



**Primex³Health
HMO Mid \$10 Option (03)**

Hospital Inpatient (Including Day Surgery)	100% after deductible (coronary care, hospital services, intensive care, physician and surgeon services including consultation, room and board)
Hospital Outpatient	100% (anesthesia, chemo, endoscopic procedures, laboratory tests, x-rays, physician and surgeon services, radiation therapy)
MRI / CT Scans	100% after deductible
Emergency Room	\$75 copay (waived if admitted)
Ambulance Services	100% after deductible
Physician Services	\$10 copay (injections, allergy testing and treatment, cast changes and removals, chemo, diabetes management, diagnostic screenings, family planning, nutritional counseling, TMD treatment)
Office Visits / Physical Exams	\$10 copay
Allergy Injections	\$5 copay
Maternity Services	\$10 copay initial visit; prenatal and postpartum care, nursery charges for newborn 100%; hospital services for mother 100% after deductible
Routine Eye Exams*	\$10 copay; 1 / cy Member Savings Discounts - frames & lenses
Prescription Drugs - Retail	\$0/\$20/\$30 for 30 days open formulary
Prescription Drugs - Mail Order	\$0/\$20/\$30 for 90 days open formulary
Home Health Care Services	100%
Skilled Nursing Facility	100% after deductible combined 100 day max / cy
Inpatient Rehabilitation Services	
Physical / Occupational Therapy	\$10 copay, combined 25 visit max / cy
Speech Therapy	\$10 copay, 25 visit max / cy
Chiropractic Care*	\$10 copay 12 visit max / cy
Durable Medical Equipment (DME)	80% after separate \$100 deductible \$3,500 max / cy
Inpatient Mental Health Services	100%
Inpatient Substance Abuse Services	100%
Outpatient Mental Health Services	\$10 copay (\$5 if group)
Outpatient Substance Abuse Services	\$10 copay (\$5 if group)
Deductible: Individual / Family	\$250 / \$750
Maximum Annual Cost: Individual / Family	\$1000 / \$2000 + Rx Copays
Maximum Lifetime Benefit	Unlimited

Unlimited Mental Health and Substance Abuse benefits effective July 1, 2010 in compliance with the Federal Mental Health Parity Act.

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cy = calendar year max = maximum

Primex³

NH Public Risk Management Exchange

Primex³Health Medicare Enhance \$5 (30)

Hospital Inpatient (Including Day Surgery)	100% 90 day max / benefit period
Hospital Outpatient	100%
MRI / CT Scans	100%
Emergency Room	\$30 copay (waived if admitted)
Ambulance Services	100%
Physician Services	\$5 copay
Office Visits / Physical Exams	\$5 copay
Eye Exams*	\$5 copay
Prescription Drugs - Retail	\$0/\$20/\$30 for 30 days open formulary
Prescription Drugs - Mail Order	\$0/\$1/\$1 for 90 days open formulary
Home Health Care	100%
Skilled Nursing	100% 100 day max / benefit period
Inpatient Rehabilitation	100% 90 day max / benefit period
Physical / Speech / Occupational Therapy	\$5 copay
Chiropractic*	\$5 copay
Durable Medical Equipment (DME)	100%
Inpatient Mental Health	100% 60 day max / cy
Inpatient Substance Abuse	100% 30 day max / cy
Outpatient Mental Health	\$5 copay 24 visit max / cy
Outpatient Substance Abuse	\$5 copay \$500 max / cy
Deductible: Individual / Family	None
Maximum Annual Cost: Individual / Family	Copays
Maximum Lifetime Benefit	Unlimited

cy = calendar year

max = maximum

This is only a summary of benefits, please consult appropriate schedule of benefits

Sullivan County
Alternative Plan Options



Primex³ Health
HMO Mid \$20 Option (LZ)

Hospital Inpatient (Including Day Surgery)	100% after deductible (coronary care, hospital services, intensive care, physician and surgeon services including consultation, room and board)
Hospital Outpatient	100% (anesthesia, chemo, endoscopic procedures, laboratory tests, x-rays, physician and surgeon services, radiation therapy)
MRI / CT Scans	100% after deductible
Emergency Room	\$75 copay (waived if admitted)
Ambulance Services	100% after deductible
Physician Services	\$20 copay (injections, allergy testing and treatment, cast changes and removals, chemo, diabetes management, diagnostic screenings, family planning, nutritional counseling, TMD treatment)
Office Visits / Physical Exams	\$20 copay
Allergy Injections	\$5 copay
Maternity Services	\$20 copay initial visit; prenatal and postpartum care, nursery charges for newborn 100%; hospital services for mother 100% after deductible
Routine Eye Exams*	\$20 copay; 1 / cy Member Savings Discounts - frames & lenses
Prescription Drugs - Retail	\$5/\$20/\$30 for 30 days open formulary
Prescription Drugs - Mail Order	\$5/\$20/\$30 for 90 days open formulary
Home Health Care	100%
Skilled Nursing Facility	100% after deductible combined 100 day max / cy
Inpatient Rehabilitation Services	
Physical / Occupational Therapy	\$20 copay, combined 25 visit max / cy
Speech Therapy	\$20 copay, 25 visit max / cy
Chiropractic Care*	\$20 copay 12 visit max / cy
Durable Medical Equipment (DME)	80% after separate \$100 deductible \$3,500 max / cy
Inpatient Mental Health Services	100%
Inpatient Substance Abuse Services	100%
Outpatient Mental Health Services	\$20 copay (\$10 if group)
Outpatient Substance Abuse Services	\$20 copay (\$10 if group)
Deductible: Individual / Family	\$250 / \$750
Maximum Annual Cost: Individual / Family	\$1000 / \$2000 + Rx Copays
Maximum Lifetime Benefit	Unlimited

Unlimited Mental Health and Substance Abuse benefits effective July 1, 2010 in compliance with the Federal Mental Health Parity Act.

This is only a summary of benefits, please consult appropriate schedule of benefits

Jun-10

* No referral needed for this service

cy = calendar year max = maximum



**Primex³ Health
HMO Low \$15 Option (K9)**

Hospital Inpatient (Including Day Surgery)	100% after deductible (coronary care, hospital services, intensive care, physician and surgeon services including consultation, semi-private room and board)
Hospital Outpatient	100% (anesthesia, chemo, endoscopic procedures, laboratory tests, x-rays, physician and surgeon services, radiation therapy)
MRI / CT Scans	100% after deductible
Emergency Room	\$100 copay (waived if admitted)
Ambulance Services	100% after deductible
Physician Services	\$15 copay (injections, allergy testing and treatment, cast changes and removals, chemo, diabetes management, diagnostic screenings, family planning, nutritional counseling, TMD treatment)
Office Visits / Physical Exams	\$15 copay
Allergy Injections	\$5 copay
Maternity Services	\$15 copay initial visit; prenatal and postpartum care, nursery charges 100%; hospital services for mother 100% after deductible
Routine Eye Exams*	\$15 copay; every year Member Savings Discounts - frames & lenses
Prescription Drugs - Retail	\$5/\$20/\$30 for 30 days open formulary
Prescription Drugs - Mail Order	\$5/\$20/\$30 for 90 days open formulary
Home Health Care	100%
Skilled Nursing Facility Services	100% after deductible combined 100 day max / cy
Inpatient Rehabilitation Services	
Physical / Occupational Therapy	\$15 copay, combined 25 visit max / cy
Speech Therapy	\$15 copay 25 visit max / cy
Chiropractic Care*	\$15 copay 12 visit max / cy
Durable Medical Equipment (DME)	80% after separate \$100 deductible \$3,500 max / cy
Inpatient Mental Health Services	100%
Inpatient Substance Abuse Services	100%
Outpatient Mental Health Services	\$15 copay (\$5 if group)
Outpatient Substance Abuse Services	\$15 copay (\$5 if group)
Deductible: Individual / Family	\$500 / \$1500
Maximum Annual Cost: Individual / Family	\$2000 / \$4000 + Rx Copays
Maximum Lifetime Benefit	Unlimited

Unlimited Mental Health and Substance Abuse benefits effective July 1, 2010 in compliance with the Federal Mental Health Parity Act.

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Jun-10

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Primex³Health
HMO Low \$15 \$1,000 (2RW)

Hospital Inpatient (Including Day Surgery)	100% after deductible (coronary care, hospital services, intensive care, physician and surgeon services including consultation, room and board)
Hospital Outpatient	100% (anesthesia, chemo, endoscopic procedures, laboratory tests, x-rays, physician and surgeon services, radiation therapy)
MRI / CT Scans	100% after deductible
Emergency Room	\$150 copay (waived if admitted)
Ambulance Services	100% after deductible
Physician Services	\$15 copay (injections, allergy testing and treatment, cast changes and removals, chemo, diabetes management, diagnostic screenings, family planning, nutritional counseling, TMD treatment)
Office Visits / Physical Exams	\$15 copay
Allergy Injections	\$5 copay
Maternity Services	\$15 copay initial visit; prenatal and postpartum care, nursery charges 100%; hospital services for mother 100% after deductible
Routine Eye Exams*	\$15 copay; 1 / cy Member Savings Discounts - frames & lenses
Prescription Drugs - Retail	\$5/\$20/\$30 for 30 days open formulary
Prescription Drugs - Mail Order	\$5/\$20/\$30 for 90 days open formulary
Home Health Care Services	100%
Skilled Nursing Facility Services	100% after deductible combined 100 day max / cy
Inpatient Rehabilitation Services	
Physical / Occupational Therapy	\$15 copay, combined 25 visit max / cy
Speech Therapy	\$15 copay 25 visit max / cy
Chiropractic Care*	\$15 copay 12 visit max / cy
Durable Medical Equipment (DME)	80% after separate \$100 deductible \$3,500 max / cy
Inpatient Mental Health Services	100%
Inpatient Substance Abuse Services	100%
Outpatient Mental Health Services	\$15 copay (\$5 if group)
Outpatient Substance Abuse Services	\$15 copay (\$5 if group)
Deductible: Individual / Family	\$1,000 / \$3,000
Maximum Annual Cost: Individual / Family	\$2,000 / \$5,000 + Rx Copays
Maximum Lifetime Benefit	Unlimited

Unlimited Mental Health and Substance Abuse benefits effective July 1, 2010 in compliance with the Federal Mental Health Parity Act.

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Jun-10

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	<u>In Network</u>	<u>Out of Network</u>
Hospital Inpatient	100% after deductible	80% after deductible
Hospital Outpatient (Including Day Surgery)	100% after deductible (non-emergency ambulance transport, cardiac rehab, diagnostic laboratory tests, x-rays, dialysis)	80% after deductible (non-emergency ambulance transport, cardiac rehab, diagnostic laboratory tests, x-rays, dialysis)
MRI / CT Scans	100% after deductible	80% after deductible
Emergency Services (Ambulance Transport / ER Care)	100% after deductible	100% after deductible
Physical Exams / Preventive Care	100%	80%
Physician Services / Office Visits (Except for Preventive Care)	(mammograms, pap smears, prostate screening, cholesterol tests, immunizations including flu shots) 100% after deductible	(mammograms, pap smears, prostate screening, cholesterol tests, immunizations including flu shots) 80% after deductible
Maternity Services	preventive / routine care 100%; routine inpatient maternity services 100% after deductible	preventive / routine care 80%; routine inpatient maternity services 80% after deductible
Routine Eye Exams*	100%; 1 / cy	80%; 1 / cy
Prescription Drugs - Retail	100% after deductible 30 days open formulary	80% after deductible for 30 days open formulary
Prescription Drugs - Mail Order	100% after deductible for 90 days open formulary	80% after deductible for 90 days open formulary
Home Health Care	100% after deductible	80% after deductible
Skilled Nursing Facility Services	100% after deductible, combined 100 day max / cy	80% after deductible combined 100 days max / cy
Inpatient Rehabilitation Services	100% after deductible combined 30 visit max / cy	80% after deductible combined 30 visit max / cy
Physical / Speech / Occupational Therapy	100% after deductible 12 visit max / cy	80% after deductible 12 visit max / cy
Chiropractic Care*	100% after deductible \$3,500 max / cy	80% after deductible \$3,500 max / cy
Durable Medical Equipment (DME)	100% after deductible	80% after deductible
Inpatient Mental Health Services	100% after deductible	80% after deductible
Inpatient Substance Abuse Services	100% after deductible	80% after deductible
Outpatient Mental Health Services	100% after deductible	80% after deductible
Outpatient Substance Abuse Services	100% after deductible	80% after deductible
Deductible: Individual Contract / Family Contract	\$1,500 / \$3,000	\$3,000 / \$6,000
Maximum Annual Cost: Individual Contract / Family Contract	\$1,500 / \$3,000	\$6,000 / \$12,000
Maximum Lifetime Benefit	Unlimited	\$1,000,000

Unlimited Mental Health and Substance Abuse benefits effective July 1, 2010 in compliance with the Federal Mental Health Parity Act.

This is only a summary of benefits, please consult appropriate schedule of benefits.

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cy = calendar year

max = maximum

Creative Solutions:

Top Recommended Alternative Plan Options For Sullivan County

Once an option has been chosen by the County, we will be more than happy to perform all education and enrollment sessions for your employees and retirees. We stand ready to complete these sessions at your convenience. We will supply all materials required to properly educate your employees and retirees and ensure a thorough understanding of the elected medical and pharmacy benefits.

The below information details alternative plans available compared to your current plans that the County participates in and the approximate savings for those changes.

1. HMO Mid \$20 with a \$250/\$500 (Individual/Family) Deductible
\$5/20/30 Rx (Retail and Mail Order)

This option retains the same medical benefit design as currently offered in your HMO Mid \$10 plan, but alters both the office visit and prescription drug copayments. This plan allows the County to shift additional cost-sharing responsibility to its employees while receiving a savings in overall monthly premium. Primex³ recommends that the County continue to offer the Flexible Spending Account (FSA) to employees. The FSA allows employees to set aside pre-tax income into a reimbursable account that is subject to Section 125 cafeteria regulations, which allows for reimbursement of certain medical expenses (office visits and prescription copayments, deductible expenses, etc.) and dependent care.

Estimated Savings from HMO Mid \$10 0/20/30: 2.50%

2. HMO Low \$15 with a \$500/\$1,500 (Individual/Family) Deductible
\$5/20/30 Rx (Retail and Mail Order)

This plan increases the calendar year deductible to \$500 per person and \$1,500 per family. Office visit copayments are \$15 per visit, but all benefit visit maximums are identical to the County's current plan. This plan increases consumer awareness by shifting more healthcare cost to the employee while providing monthly premium savings for both employees and employers. Each individual enrolled in this plan would be responsible for no more than \$500 of deductible expense per calendar year. The calendar year deductible has the same carryover feature as the current plan; any deductible expense incurred during the months of October, November or December is automatically carried over and counts toward the next calendar year's deductible expense.

Primex³ recommends the County continues to offer the FSA. With higher cost sharing by the employee, there may be more interest and higher participation with this benefit offering.

Estimated Savings from HMO Mid \$10 0/20/30: 4.75%

3. HMO Low \$15 with a \$1,000/\$3,000 (Individual/Family) Deductible \$5/20/30 Rx (Retail and Mail Order)

This plan increases the calendar year deductible amounts to \$1,000 per person and \$3,000 per family. Like the other deductible plans, this plan shifts even more of the healthcare cost to the employee while experiencing additional monthly premium savings. As mentioned with the other HMO with deductible plans, Primex³ recommends that the FSA continues to be offered.

To eliminate some (or all) of the increase in annual deductible expense for employees, an Health Reimbursement Account (HRA) can be provided. The employer controls how much money is funded to employees, what expenses are reimbursable through the account and the disposition of unused funds at the end of the plan year. Primex is pleased to offer both FSA and HRA administration at no additional costs to our members. Our partner, Concepts in Benefits, Inc. will manage the operation of these products.

Estimated Savings from HMO Mid \$10 0/20/30: 8.75%

4. Best Buy HSA PPO \$1,500 / \$3,000

Although fairly new to public entities in New Hampshire, a number of groups have become interested in the possibility of offering qualified High Deductible Health Plans (qHDHP) to their employees. This PPO plan's benefits are set to conform to IRS regulations so enrolled employees may invest in a Health Savings Account (HSA). Employees would be responsible for opening their own HSA account at an accredited financial institution and would need to comply with IRS regulations pertaining to annual contribution maximums, allowable medical expense distributions (non-medical expense distributions may be subject to income tax plus 20 percent penalty effective 1/1/11), and other eligibility requirements. Both the employer and employee can make pre-tax contributions to an HSA account; unused funds at the end of the plan year are automatically carried over and remain in employee possession.

Routine preventive care such as annual physicals, screenings and immunizations are covered in full if services are received by a contracted provider. All other services including, but not limited to diagnostic testing, inpatient hospitalization, outpatient surgeries, prescription medications and other ancillary services are subject to the annual deductible. Our HSA plan carries separate in-network and out-of-network deductible limits, meant to encourage members to receive services through the PPO's national network. The plan's in-network deductible is \$1,500 deductible for individual contracts and \$3,000 for two-person

and family contracts. Deductibles are met by all enrolled members, with no maximum per person. Once the deductible has been met for the calendar year, all in-network services are covered at 100 percent. To ensure compliance with IRS regulations, the calendar year deductible for this plan does not include the carryover feature.

Estimated Savings from HMO Mid \$10 0/20/30: 13.4%

Although we are providing estimated savings for the HSA plan in this proposal, Primex³ does not recommend Sullivan County move to this type of plan immediately. We have included this alternative as part of a long-term planning process that includes offering the smaller deductible plans to introduce this type of cost-sharing to employees and their families. Over the course of three to five years, Primex³ would recommend plan progression to this type of health plan, such as the following:

Year 1: HMO Mid \$20 with \$250/\$500 deductible; Employer continues to offer FSA to employees.

Year 2: HMO Low \$15 with \$500/\$1,500 deductible; Employer continues to offer the FSA. With higher deductible, employees will be aware of consumerism and more educated in the tax savings of enrolling in a FSA with pre-tax money.

Year 3: HMO Low \$15 with \$1,000/\$3,000 deductible; Employer funds 50% of the deductible expense through an HRA and offers FSA for employees to set aside additional funds to cover remaining deductible and other medical expenses

Year 4: Best Buy HSA PPO \$1,500/\$3,000 deductible; Employer funds 50% of deductible expense to employee HSA account, employees contribute other pre-tax income to individual account up to the annual limit as determined by the IRS.

Year 5: Best Buy HSA PPO \$1,500/\$3,000 deductible; Employer funds an undetermined portion of deductible expense to employee HSA account (to be determined though claims experience).

Top Ten RxPrimex³Health Pool

July 1, 2010 to June 30, 2010

Rank	Drug Name	Tier	Total Paid
1	LIPITOR	3	\$ 405,670.52
2	ENBREL	2	\$ 250,849.00
3	NEXIUM	3	\$ 242,215.89
4	HUMIRA	2	\$ 239,549.46
5	CRESTOR	2	\$ 177,972.67
6	EFFEXOR	3	\$ 174,231.80
7	SINGULAIR	2	\$ 169,354.85
8	COPAXONE	2	\$ 133,356.82
9	CYMBALTA	3	\$ 127,322.70
10	BUPROPION	3	\$ 125,745.27

Primex³

NH Public Risk Management Exchange

Sullivan County

RX Claims by Tier

Incurred 7/1/2009 to 6/30/2010

Paid from 7/1/2009 to 6/30/2010

Retail Rx Claims						
	\$ Paid			# Filled		
	Tier 1	Tier 2	Tier 3	Tier 1	Tier2	Tier3
County	34.71%	40.95%	15.88%	73.63%	19.68%	6.68%
Primex Pool	32.52%	48.42%	19.06%	73.39%	17.82%	8.79%

Mail Order Rx Claims						
	\$ Paid			# Filled		
	Tier 1	Tier 2	Tier 3	Tier 1	Tier2	Tier3
County	22.91%	57.26%	19.83%	63.17%	27.09%	9.75%
Primex Pool	22.80%	53.12%	24.08%	58.75%	28.20%	13.05%

Total Rx Claims						
	\$ Paid			# Filled		
	Tier 1	Tier 2	Tier 3	Tier 1	Tier2	Tier3
County	32.07%	49.86%	18.06%	72.11%	20.76%	7.13%
Primex Pool	28.11%	50.55%	21.34%	70.68%	19.74%	9.58%

Primex³Health

Member: Sullivan County
 Report: Monthly Demographic Distribution
 Group Description: Active & Retiree (Rolled Up)
 Product: All Plans (Rolled Up)

Periods	Start Date	End Date
Current	07/01/09	06/30/10

Month Paid	Individual Contracts	Two-Person Contracts	Family Contracts	TOTAL Subscribers	TOTAL Members	Medical Claims	RX Claims	Monthly L/R
Jul-09	103	65	47	215	411	\$ 289,220.85		
Aug-09	94	65	48	207	404	\$ 130,049.06		
Sep-09	92	66	46	204	397	\$ 134,789.72		
Oct-09	92	65	45	202	390	\$ 141,383.36		
Nov-09	95	65	45	205	393	\$ 202,522.99		
Dec-09	99	66	45	210	401	\$ 196,639.75		
Jan-10	103	66	45	214	403	\$ 98,250.03		
Feb-10	101	66	46	213	407	\$ 177,742.59		
Mar-10	99	69	46	214	411	\$ 263,758.05		
Apr-10	103	67	45	215	407	\$ 207,586.98		
May-10	109	68	47	224	422	\$ 164,279.72		
Jun-10	106	67	47	220	422	\$ 203,319.92		
Total	1,196	795	552	2,543	4,868	\$ 2,209,543.02	\$ 434,418.74	98.6%

Primex³Health

Member: Sullivan County
 Report: Large Claim (\$60,000+)
 Group Description: Active & Retiree (Rolled Up)
 Product: All Plans (Rolled Up)
 Pooling Point: \$75,000

Periods	Start Date	End Date
Incurred	07/01/04	06/30/10
Paid	07/01/09	06/30/10

Diagnosis	Plan	Apr-10	May-10	Jun-10	Roll 12 Amt	Less Pooling Point	% Paid in Recent Month	Carried Over from Prev. Yr
#####	HMO	\$253	\$258	\$1,026	\$76,366	\$1,366	1.3%	No
#####	HMO	\$473	\$46,095	\$8,867	\$75,363	\$363	11.8%	Yes
#####	HMO	\$27,183	\$2,779	\$2,635	\$77,848	\$2,848	3.4%	Yes
#####	HMO	\$0	\$137	\$0	\$253,912	\$178,912	0.0%	Yes
#####	HMO	\$82,613	\$5,691	\$7,141	\$158,712	\$83,712	4.5%	No
TOTAL		\$110,522	\$54,960	\$19,669	\$642,202	\$267,202	3.1%	

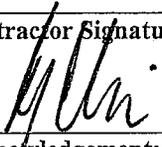
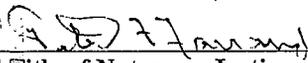
Subject: Substance Abuse Services

AGREEMENT

The State of New Hampshire and the Contractor hereby mutually agree as follows:

GENERAL PROVISIONS

1. IDENTIFICATION.

1.1 State Agency Name NH Department of Health and Human Services Division of Community Based Care Services Bureau of Drug & Alcohol Services		1.2 State Agency Address 105 Pleasant Street Concord, NH 03301	
1.3 Contractor Name County of Sullivan, NH		1.4 Contractor Address 14 Main Street Newport, NH 03773	
1.5 Contractor Phone Number 603-477-5565	1.6 Account Number 010-095-5382-102-500734 010-095-5365-102-500734 010-095-1388-102-500734	1.7 Completion Date June 30, 2012	1.8 Price Limitation \$ 185,869.00
1.9 Contracting Officer for State Agency Nancy L. Rollins, Associate Commissioner		1.10 State Agency Telephone Number 603-271-6100	
1.11 Contractor Signature 		1.12 Name and Title of Contractor Signatory Greg Chanis, County Administrator	
1.13 Acknowledgement: State of <u>NH</u> , County of <u>Sullivan</u> On <u>Aug. 17, 2010</u> , before the undersigned officer, personally appeared the person identified in block 1.12, or satisfactorily proven to be the person whose name is signed in block 1.11, and acknowledged that s/he executed this document in the capacity indicated in block 1.12.			
1.13.1 Signature of Notary Public or Justice of the Peace [Seal] 			
1.13.2 Name and Title of Notary or Justice of the Peace Peter F. Farrand			
1.14 State Agency Signature		1.15 Name and Title of State Agency Signatory Nancy L. Rollins, Associate Commissioner	
1.16 Approval by the N.H. Department of Administration, Division of Personnel (if applicable) By: _____ Director, On: _____			
1.17 Approval by the Attorney General (Form, Substance and Execution) By: _____ On: _____			
1.18 Approval by the Governor and Executive Council By: _____ On: _____			

2. EMPLOYMENT OF CONTRACTOR/SERVICES TO BE PERFORMED. The State of New Hampshire, acting through the agency identified in block 1.1 ("State"), engages contractor identified in block 1.3 ("Contractor") to perform, and the Contractor shall perform, the work or sale of goods, or both, identified and more particularly described in the attached EXHIBIT A which is incorporated herein by reference ("Services").

3. EFFECTIVE DATE/COMPLETION OF SERVICES.
3.1 Notwithstanding any provision of this Agreement to the contrary, and subject to the approval of the Governor and Executive Council of the State of New Hampshire, this Agreement, and all obligations of the parties hereunder, shall not become effective until the date the Governor and Executive Council approve this Agreement ("Effective Date").
3.2 If the Contractor commences the Services prior to the Effective Date, all Services performed by the Contractor prior to the Effective Date shall be performed at the sole risk of the Contractor, and in the event that this Agreement does not become effective, the State shall have no liability to the Contractor, including without limitation, any obligation to pay the Contractor for any costs incurred or Services performed. Contractor must complete all Services by the Completion Date specified in block 1.7.

4. CONDITIONAL NATURE OF AGREEMENT.
Notwithstanding any provision of this Agreement to the contrary, all obligations of the State hereunder, including, without limitation, the continuance of payments hereunder, are contingent upon the availability and continued appropriation of funds, and in no event shall the State be liable for any payments hereunder in excess of such available appropriated funds. In the event of a reduction or termination of appropriated funds, the State shall have the right to withhold payment until such funds become available, if ever, and shall have the right to terminate this Agreement immediately upon giving the Contractor notice of such termination. The State shall not be required to transfer funds from any other account to the Account identified in block 1.6 in the event funds in that Account are reduced or unavailable.

5. CONTRACT PRICE/PRICE LIMITATION/PAYMENT.
5.1 The contract price, method of payment, and terms of payment are identified and more particularly described in EXHIBIT B which is incorporated herein by reference.
5.2 The payment by the State of the contract price shall be the only and the complete reimbursement to the Contractor for all expenses, of whatever nature incurred by the Contractor in the performance hereof, and shall be the only and the complete compensation to the Contractor for the Services. The State shall have no liability to the Contractor other than the contract price.
5.3 The State reserves the right to offset from any amounts otherwise payable to the Contractor under this Agreement those liquidated amounts required or permitted by N.H. RSA 80:7 through RSA 80:7-c or any other provision of law.

5.4 Notwithstanding any provision in this Agreement to the contrary, and notwithstanding unexpected circumstances, in no event shall the total of all payments authorized, or actually made hereunder, exceed the Price Limitation set forth in block 1.8.

6. COMPLIANCE BY CONTRACTOR WITH LAWS AND REGULATIONS/ EQUAL EMPLOYMENT OPPORTUNITY.
6.1 In connection with the performance of the Services, the Contractor shall comply with all statutes, laws, regulations, and orders of federal, state, county or municipal authorities which impose any obligation or duty upon the Contractor, including, but not limited to, civil rights and equal opportunity laws. In addition, the Contractor shall comply with all applicable copyright laws.
6.2 During the term of this Agreement, the Contractor shall not discriminate against employees or applicants for employment because of race, color, religion, creed, age, sex, handicap, sexual orientation, or national origin and will take affirmative action to prevent such discrimination.
6.3 If this Agreement is funded in any part by monies of the United States, the Contractor shall comply with all the provisions of Executive Order No. 11246 ("Equal Employment Opportunity"), as supplemented by the regulations of the United States Department of Labor (41 C.F.R. Part 60), and with any rules, regulations and guidelines as the State of New Hampshire or the United States issue to implement these regulations. The Contractor further agrees to permit the State or United States access to any of the Contractor's books, records and accounts for the purpose of ascertaining compliance with all rules, regulations and orders, and the covenants, terms and conditions of this Agreement.

7. PERSONNEL.
7.1 The Contractor shall at its own expense provide all personnel necessary to perform the Services. The Contractor warrants that all personnel engaged in the Services shall be qualified to perform the Services, and shall be properly licensed and otherwise authorized to do so under all applicable laws.
7.2 Unless otherwise authorized in writing, during the term of this Agreement, and for a period of six (6) months after the Completion Date in block 1.7, the Contractor shall not hire, and shall not permit any subcontractor or other person, firm or corporation with whom it is engaged in a combined effort to perform the Services to hire, any person who is a State employee or official, who is materially involved in the procurement, administration or performance of this Agreement. This provision shall survive termination of this Agreement.
7.3 The Contracting Officer specified in block 1.9, or his or her successor, shall be the State's representative. In the event of any dispute concerning the interpretation of this Agreement, the Contracting Officer's decision shall be final for the State.

Contractor Initials: jl
Date: 8/17/10

8. EVENT OF DEFAULT/REMEDIES.

8.1 Any one or more of the following acts or omissions of the Contractor shall constitute an event of default hereunder ("Event of Default"):

- 8.1.1 failure to perform the Services satisfactorily or on schedule;
- 8.1.2 failure to submit any report required hereunder; and/or
- 8.1.3 failure to perform any other covenant, term or condition of this Agreement.

8.2 Upon the occurrence of any Event of Default, the State may take any one, or more, or all, of the following actions:

- 8.2.1 give the Contractor a written notice specifying the Event of Default and requiring it to be remedied within, in the absence of a greater or lesser specification of time, thirty (30) days from the date of the notice; and if the Event of Default is not timely remedied, terminate this Agreement, effective two (2) days after giving the Contractor notice of termination;
- 8.2.2 give the Contractor a written notice specifying the Event of Default and suspending all payments to be made under this Agreement and ordering that the portion of the contract price which would otherwise accrue to the Contractor during the period from the date of such notice until such time as the State determines that the Contractor has cured the Event of Default shall never be paid to the Contractor;
- 8.2.3 set off against any other obligations the State may owe to the Contractor any damages the State suffers by reason of any Event of Default; and/or
- 8.2.4 treat the Agreement as breached and pursue any of its remedies at law or in equity, or both.

9. DATA/ACCESS/CONFIDENTIALITY/PRESERVATION.

9.1 As used in this Agreement, the word "data" shall mean all information and things developed or obtained during the performance of, or acquired or developed by reason of, this Agreement, including, but not limited to, all studies, reports, files, formulae, surveys, maps, charts, sound recordings, video recordings, pictorial reproductions, drawings, analyses, graphic representations, computer programs, computer printouts, notes, letters, memoranda, papers, and documents, all whether finished or unfinished.

9.2 All data and any property which has been received from the State or purchased with funds provided for that purpose under this Agreement, shall be the property of the State, and shall be returned to the State upon demand or upon termination of this Agreement for any reason.

9.3 Confidentiality of data shall be governed by N.H. RSA chapter 91-A or other existing law. Disclosure of data requires prior written approval of the State.

10. TERMINATION. In the event of an early termination of this Agreement for any reason other than the completion of the Services, the Contractor shall deliver to the Contracting Officer, not later than fifteen (15) days after the date of termination, a report ("Termination Report") describing in detail all Services performed, and the contract price earned, to and including the date of termination. The form, subject matter, content, and number of copies of the Termination

Report shall be identical to those of any Final Report described in the attached EXHIBIT A.

11. CONTRACTOR'S RELATION TO THE STATE. In the performance of this Agreement the Contractor is in all respects an independent contractor, and is neither an agent nor an employee of the State. Neither the Contractor nor any of its officers, employees, agents or members shall have authority to bind the State or receive any benefits, workers' compensation or other emoluments provided by the State to its employees.

12. ASSIGNMENT/DELEGATION/SUBCONTRACTS. The Contractor shall not assign, or otherwise transfer any interest in this Agreement without the prior written consent of the N.H. Department of Administrative Services. None of the Services shall be subcontracted by the Contractor without the prior written consent of the State.

13. INDEMNIFICATION. The Contractor shall defend, indemnify and hold harmless the State, its officers and employees, from and against any and all losses suffered by the State, its officers and employees, and any and all claims, liabilities or penalties asserted against the State, its officers and employees, by or on behalf of any person, on account of, based or resulting from, arising out of (or which may be claimed to arise out of) the acts or omissions of the Contractor. Notwithstanding the foregoing, nothing herein contained shall be deemed to constitute a waiver of the sovereign immunity of the State, which immunity is hereby reserved to the State. This covenant in paragraph 13 shall survive the termination of this Agreement.

14. INSURANCE.

14.1 The Contractor shall, at its sole expense, obtain and maintain in force, and shall require any subcontractor or assignee to obtain and maintain in force, the following insurance:

14.1.1 comprehensive general liability insurance against all claims of bodily injury, death or property damage, in amounts of not less than \$250,000 per claim and \$2,000,000 per occurrence; and

14.1.2 fire and extended coverage insurance covering all property subject to subparagraph 9.2 herein, in an amount not less than 80% of the whole replacement value of the property.

14.2 The policies described in subparagraph 14.1 herein shall be on policy forms and endorsements approved for use in the State of New Hampshire by the N.H. Department of Insurance, and issued by insurers licensed in the State of New Hampshire.

14.3 The Contractor shall furnish to the Contracting Officer identified in block 1.9, or his or her successor, a certificate(s) of insurance for all insurance required under this Agreement. Contractor shall also furnish to the Contracting Officer identified in block 1.9, or his or her successor, certificate(s) of insurance for all renewal(s) of insurance required under this Agreement no later than fifteen (15) days prior to the expiration date of each of the insurance policies. The certificate(s) of insurance and any renewals thereof shall be attached and are incorporated herein by reference. Each

Contractor Initials: ll
Date: 8/10/10

certificate(s) of insurance shall contain a clause requiring the insurer to endeavor to provide the Contracting Officer identified in block 1.9, or his or her successor, no less than ten (10) days prior written notice of cancellation or modification of the policy.

15. WORKERS' COMPENSATION.

15.1 By signing this agreement, the Contractor agrees, certifies and warrants that the Contractor is in compliance with or exempt from, the requirements of N.H. RSA chapter 281-A ("Workers' Compensation").

15.2 To the extent the Contractor is subject to the requirements of N.H. RSA chapter 281-A, Contractor shall maintain, and require any subcontractor or assignee to secure and maintain, payment of Workers' Compensation in connection with activities which the person proposes to undertake pursuant to this Agreement. Contractor shall furnish the Contracting Officer identified in block 1.9, or his or her successor, proof of Workers' Compensation in the manner described in N.H. RSA chapter 281-A and any applicable renewal(s) thereof, which shall be attached and are incorporated herein by reference. The State shall not be responsible for payment of any Workers' Compensation premiums or for any other claim or benefit for Contractor, or any subcontractor or employee of Contractor, which might arise under applicable State of New Hampshire Workers' Compensation laws in connection with the performance of the Services under this Agreement.

16. WAIVER OF BREACH. No failure by the State to enforce any provisions hereof after any Event of Default shall be deemed a waiver of its rights with regard to that Event of Default, or any subsequent Event of Default. No express failure to enforce any Event of Default shall be deemed a waiver of the right of the State to enforce each and all of the provisions hereof upon any further or other Event of Default on the part of the Contractor.

17. NOTICE. Any notice by a party hereto to the other party shall be deemed to have been duly delivered or given at the time of mailing by certified mail, postage prepaid, in a United States Post Office addressed to the parties at the addresses given in blocks 1.2 and 1.4, herein.

18. AMENDMENT. This Agreement may be amended, waived or discharged only by an instrument in writing signed by the parties hereto and only after approval of such amendment, waiver or discharge by the Governor and Executive Council of the State of New Hampshire.

19. CONSTRUCTION OF AGREEMENT AND TERMS. This Agreement shall be construed in accordance with the laws of the State of New Hampshire, and is binding upon and inures to the benefit of the parties and their respective successors and assigns. The wording used in this Agreement is the wording chosen by the parties to express their mutual intent, and no rule of construction shall be applied against or in favor of any party.

20. THIRD PARTIES. The parties hereto do not intend to benefit any third parties and this Agreement shall not be construed to confer any such benefit.

21. HEADINGS. The headings throughout the Agreement are for reference purposes only, and the words contained therein shall in no way be held to explain, modify, amplify or aid in the interpretation, construction or meaning of the provisions of this Agreement.

22. SPECIAL PROVISIONS. Additional provisions set forth in the attached EXHIBIT C are incorporated herein by reference.

23. SEVERABILITY. In the event any of the provisions of this Agreement are held by a court of competent jurisdiction to be contrary to any state or federal law, the remaining provisions of this Agreement will remain in full force and effect.

24. ENTIRE AGREEMENT. This Agreement, which may be executed in a number of counterparts, each of which shall be deemed an original, constitutes the entire Agreement and understanding between the parties, and supersedes all prior Agreements and understandings relating hereto.

Contractor Initials: 11
Date: 8/17/10

WITH SEAL

CERTIFICATE OF VOTE

I, **Jeffrey Barrett** of the **County of Sullivan, NH** do hereby certify that:

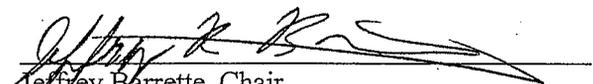
- 1. I am the duly elected **Commissioner Chair** of the **County of Sullivan, NH**;
- 2. The following are true copies of two resolutions duly adopted at a meeting of the Board of Directors of the corporation duly held on **August 17, 2010**;

RESOLVED: That this corporation enters into a contract with the State of New Hampshire, acting through its Department of Health and Human Services, Division of Community Based Care Services.

RESOLVED: That the **County Administrator** is hereby authorized on behalf of this corporation to enter into said contract with the State and to execute any and all documents, agreements, and other instruments; and any amendments, revisions, or modifications thereto, as he may deem necessary, desirable, or appropriate. **Greg Chanis** is the duly appointed **County Administrator** of the corporation.

- 3. The foregoing resolutions have not been amended or revoked and remain in full force and effect as of **August 17, 2010**.

IN WITNESS WHEREOF, I have hereunto set my hand as the **Commissioner Chair** of the corporation this 17th day of **August, 2010**.


Jeffrey Barrette, Chair

(CORPORATE SEAL)

July 2010 Preliminary

MEDICARE							
	Jul 2009 Compare	Jul 2009 AVG CENSUS	Jul 2010 Actual	Jul 2010 AVG DAILY CENSUS	BUDGETED	BUDGETED AVG CENSUS	VARIANCE
CENSUS:	203	7	280	9	341	11	-61
REVENUE	\$108,077.61		\$138,454.91		\$167,090.00		-\$28,635.09
AVERAGE RATE PER DAY	\$532.40		\$494.48		\$490.00		\$4.48

PRIVATE							
	Jul 2009 Compare	Jul 2009 AVG CENSUS	Jul 2010 Actual	Jul 2010 AVG DAILY CENSUS	BUDGETED	BUDGETED AVG CENSUS	VARIANCE
CENSUS:	586	19	589	19	620	20	-31
REVENUE	\$127,940.00		\$138,415.00		\$145,700.00		-\$7,285.00
AVERAGE RATE PER DAY	\$218.33		\$235.00		\$235.00		\$0.00

MEDICAID							
	Jul 2009 Compare	Jul 2009 AVG CENSUS	Jul 2010 Actual	Jul 2010 AVG DAILY CENSUS	BUDGETED	BUDGETED AVG CENSUS	VARIANCE
CENSUS:	3,330	107	3,458	112	3,410	110	48
REVENUE	\$499,200.30		\$470,090.86		\$463,555.40		\$6,535.46
AVERAGE RATE PER DAY	\$149.91		\$135.94		\$135.94		\$0.00

HCBC (RESPITE)							
	Jul 2009 Compare	Jul 2009 AVG CENSUS	Jul 2010 Actual	Jul 2010 AVG DAILY CENSUS	BUDGETED	BUDGETED AVG CENSUS	VARIANCE
CENSUS:	0	0	11	0	0	0	11
REVENUE	\$0.00		\$1,795.20		\$424.66		\$1,370.54
AVERAGE RATE PER DAY	\$0.00		\$163.20		\$0.00		\$163.20

MANAGED CARE							
	Jul 2009 Compare	Jul 2009 AVG CENSUS	Jul 2010 Actual	Jul 2010 AVG DAILY CENSUS	BUDGETED	BUDGETED AVG CENSUS	VARIANCE
CENSUS:	0	0	0	0	0	0	0
REVENUE	\$0.00		\$0.00		\$0.00		\$0.00
AVERAGE RATE PER DAY	\$0.00		\$0.00		\$0.00		\$0.00

	Jul 2009 Compare	Jul 2009 AVG CENSUS	Jul 2010 Actual	Jul 2010 AVG DAILY CENSUS	BUDGETED	BUDGETED AVG CENSUS	VARIANCE
TOTAL CENSUS	4,119		4,338		\$0.00		
AVERAGE CENSUS		132.9		139.9	0	141.0	

MEDICARE B REVENUE							
	ACTUAL		Jul 2010 Actual		BUDGETED		VARIANCE
	\$50,294.44		\$42,461.09		\$37,369.88		\$5,091.21

TOTAL MONTHLY REVENUE VARIANCE	(\$22,923)
--------------------------------	------------

Sullivan County Nursing Home
Quarterly Resident Census

Resident Census - FY 11

	TOTAL DAYS	MEDICAID		PRIVATE		SKILLED		HCBC		MANAGED	LEAVE		TOTAL DAYS		
	AVAILABLE	DAYS		DAYS		DAYS		RESPITE		CARE	DAYS		FILLED		
Jul-10	4836	3456	79.67%	589	13.58%	280	6.45%	11	0.25%	0	0.00%	2	0.05%	4338	89.70%
Aug-10	4836	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
Sep-10	4680	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
1ST QUARTER	14,352	3,456	79.67%	589	13.58%	280	6.45%	11	0.25%	0	0.00%	2	0.05%	4,338	89.23%
Oct-10	4836	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
Nov-10	4680	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
Dec-10	4836	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
2ND QUARTER	14,352	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0.00%
Jan-11	4836	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
Feb-11	4368	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
Mar-11	4836	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
3RD QUARTER	14,040	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0.00%
Apr-11	4680	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
May-11	4836	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
Jun-11	4680	0	#DIV/0!	0	#DIV/0!	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0	0.00%
4TH QUARTER	14,196	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	#DIV/0!	0	0.00%
FY '11 TOTAL	56,940	3,456	79.67%	589	13.58%	280	6.45%	11	0.25%	0	0.00%	2	0.05%	4,338	7.62%
YTD AVG.		111.5		19.0		9.0		0.4		0.0				139.9	

Avg
Census

139.9

0.0

0.0

0.0

Resident Census - FY 10

	TOTAL DAYS	MEDICAID		PRIVATE		SKILLED		HCBC		MANAGED	LEAVE		TOTAL DAYS		
	AVAILABLE	DAYS		DAYS		DAYS		RESPITE		CARE	DAYS		FILLED		
Jul-09	4836	3299	80.09%	617	14.98%	203	4.93%	0	0.00%	0	0.00%	0	0.00%	4119	85.17%
Aug-09	4836	3220	77.40%	748	17.98%	192	4.62%	0	0.00%	0	0.00%	0	0.00%	4160	86.02%
Sep-09	4680	3153	75.50%	705	16.88%	296	7.09%	22	0.53%	0	0.00%	0	0.00%	4176	89.23%
1ST QUARTER	14,352	9,672	77.66%	2,070	15.62%	691	5.55%	22	0.18%	0	0.00%	0	0.00%	12,455	86.78%
Oct-09	4836	3263	75.65%	746	17.30%	304	7.05%	0	0.00%	0	0.00%	0	0.00%	4313	89.19%
Nov-09	4680	3220	77.03%	696	16.65%	264	6.32%	0	0.00%	0	0.00%	0	0.00%	4180	89.32%
Dec-09	4836	3453	78.42%	669	15.19%	281	6.38%	0	0.00%	0	0.00%	0	0.00%	4403	91.05%
2ND QUARTER	14,352	9,936	77.05%	2,111	16.38%	849	6.58%	0	0.00%	0	0.00%	0	0.00%	12,896	89.86%
Jan-10	4836	3464	76.60%	590	13.05%	467	10.33%	0	0.00%	0	0.00%	1	0.02%	4522	93.51%
Feb-10	4368	3209	79.06%	575	14.17%	262	6.45%	0	0.00%	12	0.30%	1	0.02%	4059	92.93%
Mar-10	4836	3491	79.34%	684	15.55%	222	5.05%	0	0.00%	2	0.05%	1	0.02%	4400	90.98%
3RD QUARTER	14,040	10,164	78.30%	1,849	14.24%	951	7.33%	0	0.00%	14	0.11%	3	0.02%	12,981	92.46%
Apr-10	4680	3447	80.39%	651	15.18%	185	4.31%	0	0.00%	4	0.09%	1	0.02%	4288	91.62%
May-10	4836	3540	79.98%	707	15.97%	178	4.02%	0	0.00%	0	0.00%	1	0.02%	4426	91.52%
Jun-10	4680	3448	79.80%	641	14.83%	226	5.23%	5	0.12%	0	0.00%	1	0.02%	4321	92.33%
4TH QUARTER	14,196	10,435	80.05%	1,969	15.33%	589	4.52%	5	0.04%	4	0.03%	3	0.02%	13,035	91.82%
FY '10 TOTAL	56,940	40,207	78.27%	8,029	15.63%	3,080	6.00%	27	0.05%	18	0.04%	6	0.01%	51,367	90.21%
YTD AVG.		110.2		22.0		8.4		0.1		0.0				140.7	

Avg
Census

135.4

140.2

144.2

143.2

Note: This report includes only the selection criteria listed below.
Effective Date From 7/1/2010 Thru 7/31/2010

Summary Admission / Discharge List

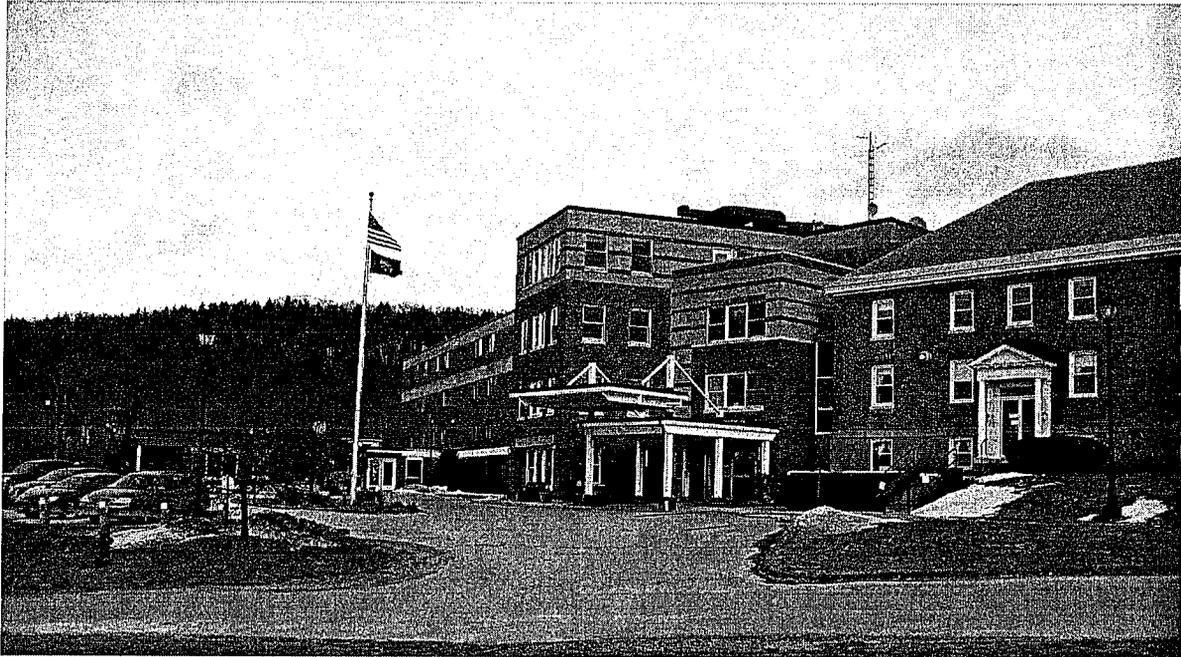
Sullivan County Health Care (SC)

<i>A/R Type</i>	<i>From/To</i>	<i>Admissions</i>	<i>Discharges</i>
HCB	Home	1	1
	<i>HCB Subtotal</i>	<u>1</u>	<u>1</u>
MCD	Expired		3
	Home	1	
	Hospital	1	3
	<i>MCD Subtotal</i>	<u>2</u>	<u>6</u>
MRA	Expired		2
	Home		2
	Hospital	9	2
	<i>MRA Subtotal</i>	<u>9</u>	<u>6</u>
	<i>Total</i>	<u>12</u>	<u>13</u>

Interim Aged Analysis
 Sullivan County Health Care (SC)
 For the Month of July, 2010

<i>Resident (Res #)(Discharge Date)</i>															
<i>Type Balance</i>	<i>Jul</i>	<i>Jun</i>	<i>May</i>	<i>Apr</i>	<i>Mar</i>	<i>Feb</i>	<i>Jan</i>	<i>Dec</i>	<i>Nov</i>	<i>Oct</i>	<i>Sep</i>	<i>Aug</i>	<i>Jul</i>	<i>Balance</i>	
Interim Aged Analysis Summary															
HCB	1,795.20	816.00									3,590.40		1,340.80-	4,880.80	
INS	24,398.43	22,049.77	4,784.68	8,028.44	7,607.16	432.40	10,204.87	7,886.06	3,671.78	1,188.64	2,664.63	1,531.95	65,085.32	159,534.13	
MCD	381,559.50	21,998.59	17,477.11	12,041.64	5,787.39	8,082.66	4,042.85	1,291.21	736.00-	3,564.88	176.82-	687.88	42,200.79	497,821.68	
MRA	111,229.91	10,674.76	3,630.78	0.43-	0.27-	1,143.83	11,411.72	9,116.48	10,969.97	266.89	8,108.18	5,636.12	3,775.80	175,961.74	
MRB	33,968.98	1,461.75	1,298.30	1,653.90	2,888.80	592.70	796.48	939.36	1,536.49		434.41	430.70-	85,005.36	130,144.83	
MXA	5,004.04	163.47	526.44	3,025.00-	412.50-		1,675.38		267.00	3,466.12	4,875.50	852.14	58,377.50	71,760.09	
MXB	4,685.30	5,832.11	423.72	67.99	182.99	217.27	41.74-	21.48	1,077.23	1,295.52	582.97	1,706.11	23,469.94	39,520.89	
PVT	87,420.00	2,274.56-	59,851.43	6,455.00	18,275.00	8,469.62	7,384.41	9,312.21	4,497.30	12,764.33	11,427.81	6,895.86	97,124.57	327,602.98	
RES	17,072.51	1,877.29	5,422.96	3,281.60	4,973.54	3,584.78	2,182.15	1,532.07	4,544.11	315.07-	1,875.59	687.63	47,238.13-	718.97-	
PHC													375.00-	375.00-	
HST													800.00	800.00	
PIN						5,400.00								5,400.00	
	687,133.87	62,389.18	93,415.42	28,503.14	39,302.11	27,923.26	37,655.12	30,098.87	25,827.86	22,231.31	33,380.67	17,566.99	326,885.35	1,412,313.17	
	47%	4%	7%	2%	3%	2%	3%	2%	2%	2%	2%	1%	23%	100%	

Sullivan County Nursing Home Biomass Combined Heat and Power Presentation



Prepared For:

Sullivan County

Greg Chanis
County Administrator

&

John Cressy
Facilities Director

14 Main Street
Newport, New Hampshire 03773

Prepared By:

Bonhag Associates

314 Poverty Lane
Lebanon, New Hampshire 03766

August 17, 2010

Biomass CHP System Evaluation

- Potential site growth
- Biomass system site requirements
- Biomass fuel requirements
- Utility interface
- Permitting
- Renewable Energy Credits (REC's)
- CHP and biomass systems evaluated

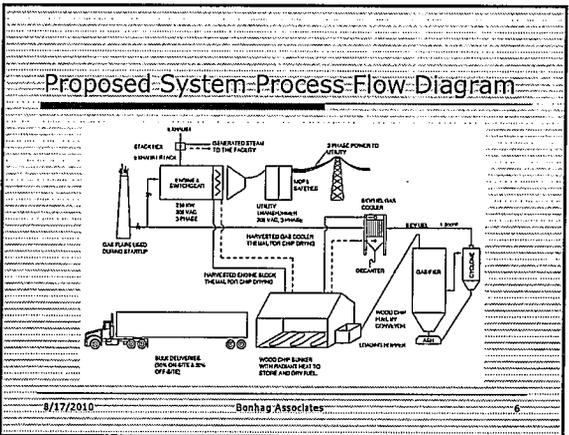
8/17/2010 Bonhag Associates 4

REC's are easier to get

Biomass CHP System Components

- Biomass gasifier and reciprocating engine generator
- Biomass fuel source, storage and wood handling equipment
- Biomass gasifier
- Cyclone (fuel scrubber)
- Bio-fuel gas cooler
- Reciprocating engine generator
- Generator stack

8/17/2010 Bonhag Associates 5



Life span 20 years

Chip bunker holds 7 day supply

COPY

Sharon J. Callum

From: Mike McCrory [mmccrory@uvlsrpc.org]
Sent: Thursday, August 05, 2010 12:50 PM
To: 'Sharon J. Callum'
Cc: Christine Walker
Subject: August 17 Agenda Items - UVLSRPC

Sharon,

We appreciate the opportunity to be included on the agenda for the August 17 Sullivan County Board of Commissioners meeting. Our office is working on a couple of statewide initiatives:

1. US Departments of Transportation and Housing and Urban Development (US DOT and HUD) Sustainable Communities Initiative: UVLSRPC is part of a statewide planning initiative, which will be seeking a federal grant to coordinate regional planning efforts among the nine regional planning commissions, numerous state agencies, educational institutions, and non-profit groups. The attached document briefly summarizes the proposal.
2. Energy Efficiency Programs and Initiatives: We would like to provide information to the Commissioners regarding the range of energy efficiency programs and resource available to the County, like Energy Technical Assistance & Planning for New Hampshire Towns.

Attendees from UVLSRPC:

Christine Walker, Executive Director
Michael McCrory, Senior Planner

Let me know if you require more information.

Thanks, Mike

Michael McCrory
Senior Planner
Upper Valley Lake Sunapee
Regional Planning Commission
10 Water Street, Suite 225
Lebanon, New Hampshire 03766
P (603) 448-1680
F (603) 448-0170
www.uvlsrpc.org

Sustainable Communities Initiative - Background

The U.S. Department of Housing and Urban Development (HUD), U.S. Department of Transportation (DOT) and the U.S. Environmental Protection Agency (EPA) have formed an interagency Sustainable Communities Partnership to implement the administration's vision of developing sustainable communities. The Sustainable Communities Initiative is intended to advance development patterns that result in improved economic prosperity, environmental sustainability and social equity in metropolitan regions and rural communities.

In the 2010 Budget, Congress provided funding to HUD for a Sustainable Communities Initiative to improve regional planning efforts that integrate housing, land use and transportation decisions, and increase the capacity to improve land use planning and zoning policy. A significant amount of the funding will be available for regional integrated planning initiatives through HUD's Sustainable Communities Planning Grant Program.

The final product of a Sustainable Communities Planning Grant will be a Regional Plan for Sustainable Development within each region that:

- Identifies regional housing, transportation, economic development, land use, environmental, energy, green space and water infrastructure goals and priorities
- Establishes locally appropriate performance goals and measures and provides strategies for meeting them
- Prioritizes projects that facilitate the implementation of the regional plan
- Substantively engages residents and stakeholders throughout the process
- Reflects sustainable development principles
- Enables federal dollars to be directed toward projects that have been identified and supported by local communities as those that best support regional sustainability goals

NH Sustainable Communities Initiative

The Sustainable Communities Initiative is directed specifically at the work of regional planning commissions. The concept is to foster greater coordination in comprehensive regional planning and focus on integrating the planning disciplines of transportation, land use, environment, economics and energy in a common, sustainable framework. Given their strong partnerships with key state agencies and close working relationships with their member communities, the NH Regional Planning Commissions (RPCs) are ideally positioned to successfully lead the implementation of a sustainable planning framework in New Hampshire.

The RPCs are central to New Hampshire's coordinated planning approach. The statutes governing state, regional and local planning requirements were amended in 2002 to establish a smart growth based policy framework that integrates all three governance levels. Within this framework local master plans are reviewed for consistency with the RPC regional plans, which in turn are reviewed for consistency with the state development plan.

In addition to the regulatory framework, there have been recent broad-based, extensive statewide efforts to develop sustainability principles and recommendations including through the Citizen Advisory Committee's work on the NH DOT Long Range Transportation Plan, the NH OEP Draft State Development Plan as well as the NHDES-lead NH Climate Action Plan.



Central RPC
603-226-6020
28 Commercial Street
Concord, 03301-5083



Lakes Region PC
603-279-8171
103 Main Street
Meredith, 03253-5862



Nashua RPC
603-424-2240
9 Executive Park Drive
Merrimack, 03054-4045



North Country Council
603-444-6303
107 Glessner Road
Bethlehem, 03574-5800



Rockingham PC
603-778-0885
156 Water Street
Exeter, 03833-2430



Southern NH RPC
603-669-4664
438 DuBuque Street
Manchester, 03102-3546



Southwest RPC
603-357-0557
20 Central Square
Keene, 03431-3795



Strafford RPC
603-742-2523
2 Ridge Street
Dover, 03820-2516



Upper Valley Lake Sunapee RPC
603-448-1680
10 Water St., Lebanon, 03766

K.2

Using these efforts and framework as a basis, the RPCs will lead the NH Sustainable Communities Initiative (NH SCI) which will bring communities and other local stakeholders, together with the RPCs and their state agency partners -- Transportation, Energy and Planning, Environment, Housing and Economic Development -- in a collaboration that mirrors the model envisioned in the Sustainable Communities Initiative itself.

This process will enhance the capacity of the RPCs to implement and fulfill the potential of New Hampshire's integrated planning statutes and create coordinated, sustainable regional plans for each of the nine regions that:

- o Harmonize long term planning for the location, density, scale and type of development with public investment decisions for transportation and other infrastructure
- o Proactively incorporate risks from natural hazards including climate change, as well as adaptation responses, into long range planning
- o Establish a consistent planning and policy framework connecting local master plans, regional plans and State plans
- o Capitalize on and incorporate shared principles and policies included in the NHDOT Long Range Transportation Plan (CAC), the Draft State Development Plan and the Climate Action Plan.
- o Address the needs of local communities, integrate sustainability principles, and are coordinated into an overall statewide strategy
- o Use an extensive, coordinated and consistent public involvement process based on advisory stakeholder committees
- o Identify and prioritize place-based implementation projects
- o Meet appropriate regional planning requirements of HUD, DOT and EPA programs

NH SCI Next Steps

Prior to the release of the Notice of Funds Availability (NOFA) in June, the RPC Directors will meet with potential partners to discuss the NH SCI concept and continue to refine and develop the NH SCI proposal.

For more information contact:

Kerrie Diers, Executive Director, Nashua Regional Planning Commission
9 Executive Park Drive, Suite 201, Merrimack, NH 30354
phone: 603-228-8488
kerried@nashuarpc.org

Energy Technical Assistance & Planning For New Hampshire Communities

Funded by the ARRA Energy Efficiency Conservation Block Grant



Helping NH communities increase their energy efficiency

Energy Technical Assistance and Planning for New Hampshire Communities (ETAP) is a two year program providing energy efficiency technical assistance at no charge to municipalities and counties in NH. ETAP's goal is to advance energy efficiency in all New Hampshire municipalities and provide the tools communities need to monitor energy performance. ETAP is funded by the American Recovery and Reinvestment Act (ARRA) of 2009 and administered through New Hampshire's Office of Energy and Planning.

The program is open to all NH towns, cities, and counties. Over the next two years, ETAP will:

- Assist participating NH communities to track and understand energy consumption in municipal and county buildings and other major energy uses
- Provide a web-based tool to communities to benchmark energy performance
- Work with communities to identify and prioritize energy cost reduction opportunities
- Help develop strategies for energy cost reduction and secure technical and financial resources needed to realize energy savings

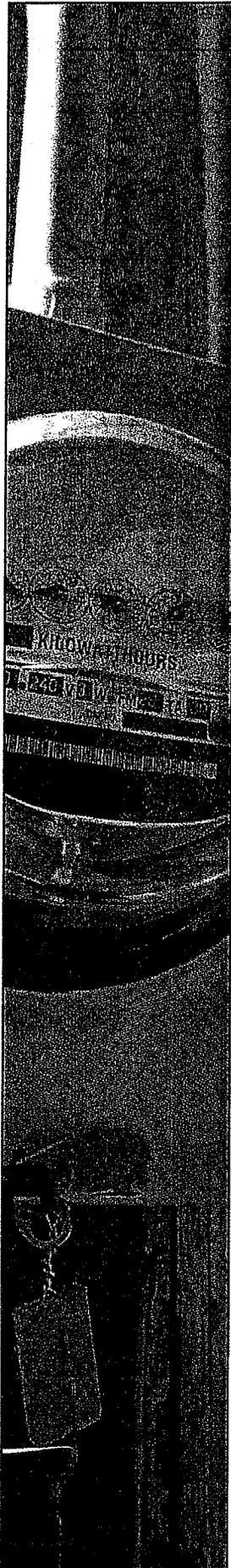
Energy Technical Assistance available to participants includes:

- Energy efficiency planning based on the NH Energy Efficiency and Sustainable Energy (EESE) board "roadmap" through
 - Organizing energy information in ETAP's web-based benchmarking tool
 - Helping define local roles and responsibilities for energy management
 - Identifying and prioritizing energy reduction opportunities
 - Developing an action plan for implementing a local program or individual projects
 - Determining costs and savings for projects
- Helping to secure resources needed for project development, through
 - Energy Assessments
 - Grant writing support
 - Development of procurement documents
 - Service procurement support
- Development of energy master plans and capital improvement plans for energy efficiency

Get started saving money and making your municipality more efficient today

Contact your local Regional Planning Commission, or
Contact the ETAP Technical Assistance Coordinator, Eric Halter of CLF Ventures,
via phone at 603-225-3060 x14 or via email at ehalter@clf.org.

More information available online at www.etapnhc.org.





Frequently Asked Questions

1. **What is the ETAP program?**

Energy Technical Assistance and Planning for New Hampshire Communities (ETAP) is a federally funded program designed to raise awareness in NH communities of the benefits of energy efficiency planning and to provide the tools they need to realize those benefits. The ETAP program can save tax payers money through reduced utility bills on municipal facilities and help reduce the environmental impacts of energy consumption. ETAP is funded by the American Recovery and Reinvestment Act (ARRA) of 2009 through the U.S. Department of Energy and administered by the NH Office of Energy and Planning.

The ETAP team is comprised of staff from twelve organizations: CLF Ventures, the non-profit consulting affiliate of the Conservation Law Foundation; Peregrine Energy Group, Inc., an energy consulting firm; the non-profit Clean Air- Cool Planet and the nine New Hampshire Regional Planning Commissions.

2. **What services can the program provide to my community?**

ETAP will assist your community to manage energy use and identify opportunities for energy cost reduction. The ETAP team will work with local government representatives to help implement opportunities, strategies and technologies to reduce energy use, providing easy-to-use tools to track your community's savings, and collaborating with them to identify the technical and financial resources required to develop projects.

3. **Does a community have to write a proposal to participate in the program?**

No. Simply, contact your local Regional Planning Commission. Or contact the Technical Assistance Coordinator for the program, Eric Halter of CLF Ventures, via phone at 603-225-3060 x14 or via email at ehalter@clf.org. You can get more information by visiting us online at www.etapnhc.org.

4. **Will there be a cost to my community to participate in ETAP?**

No, there is no charge for participating in this program. But you will need to provide ETAP with access to municipal utility and other energy data. To initiate the process, authorized personnel need to sign a release of your municipal/county utility data to ETAP for inclusion into an inventory database.

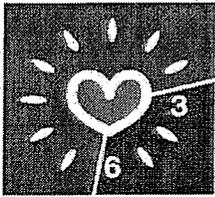
5. **How much time will be required of local staff or volunteers if we participate?**

Although ETAP is free, it does require active municipal participation, and the more a community is willing to get involved, the greater the benefit that will result. Your commitment of staff and/or volunteer time and resources could vary with your community's interests and priorities and where you are in energy planning and implementation. Community involvement is a key to ultimate success. For greater efficiency, we will make efforts to establish roles and responsibilities from the onset, as well as assist in securing the resources required for a successful program.

6. **How long do I have to join the program?**

Early engagement in ETAP is encouraged to give the ETAP team the most time to determine your interests and opportunities and develop and implement strategies for energy cost reduction. Like other ARRA-funded programs, the project goes until mid-2012. Communities may register anytime in the first two years. We plan to provide assistance on a first-come, first-served basis.

JCPenney



Afterschool

Do not alter this form in any way except to add lines for after-school program addresses

**2010-2011 4-H AFTERSCHOOL MINI-GRANTS
CREATING AFTER-SCHOOL SLOTS FOR YOUTH
Check Acceptance Agreement
Must be returned by August 27, 2010**



Please complete, sign, and e-mail as PDF to gtabachow@fourhouncil.edu no later than **August 27, 2010**. E-MAIL submissions only.

As a recipient of a **2010-2011 4-H AFTERSCHOOL CREATING AFTER-SCHOOL SLOTS FOR YOUTH grant**, established by JCPenney Afterschool Fund, a grant in the amount of **\$4,620** will be awarded to **UNH Cooperative Extension** upon the receipt of an executed Check Acceptance Agreement as follows:

- **\$2,310** (50% of the total approved) will be sent within 10 business days of receipt of this properly executed Check Acceptance Agreement.
- **\$2,310** (50% of the total approved) will be sent upon submission and acceptance of Interim Report due December 3, 2010.

By signing this agreement, Sullivan County UNH Cooperative Extension ("Grantee") agrees to the following terms and conditions:

- Award funds are designated for the implementation and evaluation of the program as described in the **2010-2011 4-H AFTERSCHOOL CREATING AFTER-SCHOOL SLOTS FOR YOUTH RFP** and outlined in Grantee's proposal only. Funds may not be used for other programs or activities.
- Grantee's program will be implemented from approximately August 18, 2010 – June 30, 2011, encompassing the 2010-2011 School Year. Extensions for program execution cannot be granted under any circumstances.
- A mid-term report will be due on December 3, 2010 and a final report will be due June 3, 2011. A template will be provided for both reports.
- 4-H name and Clover emblem will be used on all program-related promotional items
- **JCPenney store or catalog store is within 20 miles of the after-school program: X yes no**
 169 Main St. Claremont, NH 03743
 [address of program/add lines if more than one program included in proposal]
 250 Plainfield Rd., West Lebanon, NH 03784
 [address of closest JCP/catalog store]
- **After-school program operates Monday through Friday: X yes no**

 Sullivan County UNH Cooperative Extension (Grantee) has caused this Agreement to be executed by its duly authorized representative on this 10th day of August , 2010.

Signature: Nancy D. Berry Name: Nancy Berry

Title: Extension Educator, 4-H Youth Development

Address: 24 Main St.

City/State/Zip: Newport, NH 03773

Phone: 603 863-9200 Fax: 603 863-4730 E-mail: nancy.berry@unh.edu

Check made payable to: Sullivan County UNH Cooperative Extension

Mail to Address: 24 Main St.

City/State/Zip: Newport, NH 03773

If you have additional questions regarding the grant program, please contact Gregg Tabachow at gtabachow@fourhouncil.edu. Thank you.

Proposal Application
2010-2011 4-H JCPenney Afterschool Mini-Grants:
Creating Afterschool Slots for Youth

I. PRIMARY CONTACT*To be filled out by County 4-H Educator*

Primary Contact	Nancy Berry
Project Title (limited to 250 characters)	4-H Claremont Youth Connections Family School Connections
Authorized Official	Nancy Berry
Organization	UNHCE Sullivan County
Authorized Official email address	Nancy.berry@unh.edu
State Leader Name	Wendy Brock
State Leader Email Address	Wendy.brock@unh.edu
Website	http://extension.unh.edu/

II. PAYMENT RECIPIENT INFORMATION*To be filled out by County 4-H Educator*

Organization Name	Sullivan County 4-H
Primary Contact	Nancy Berry
Title	Extension Educator, 4-H Youth Development
Address	24 Main St., Newport, NH 03773
County	Sullivan
Main Phone	603 863-9200
Main Fax	603 863-4730
Email	Nancy.berry@unh.edu
State Accounting Code	

To be filled out by Program Site

Organization Name	Family School Connection
Primary Contact	Linda Davies
Title	Executive Director
Address	169 Main St., Claremont, NH 03743
Main Phone	603-543-4295
Main Fax	603-542-0275
Email	ldavies@claremont.k12.nh.us
Website	Claremont.k12.nh.us

III. PROGRAM DETAILS

Note: All narrative sections below have a character limit of 4000 characters.

When you are ready to transfer the text from this template to the online portal be sure to use the Clipboard with a "W" icon on the text box toolbar of the portal website to insert your information (if pasting from a Word document) which will remove any hidden characters.

A. EXECUTIVE SUMMARY – Communicate what your project is all about. The Executive Summary is worth **13 points**. (Character limit of 4000 characters)

Family School Connections is committed to serve Claremont's youth between the ages of 12 years to 18 years of age. Currently we offer a middle school afterschool program at Claremont Middle School and a Youth Center at Trinity Church. On a daily basis we serve 40 students between the two sites and we know there are more students interested in our programs but due to funding we are unable to meet all of our youth needs. Claremont has a population of 13000 and is the largest City in Sullivan County. Family educational levels in Claremont affect student achievement with the average of 30% of families having completed only the first year of college. Stevens High School has the second highest drop out rate in the state at 25%. FSC has had a youth center, Claremont Youth Center (CYC) since 2004. The CYC is located in the basement of Trinity Church, directly across the street from Stevens High School. The CYC provides afterschool activities, nutritious snacks, and a safe place to be after school for 25 Claremont youth on a daily basis. The program is open 5 days per week from 2 pm-6 pm, Monday through Thursday and 2-8 pm on Fridays. CYC offers homework help through a computer club using Tutor.com Live Homework Help! CYC is committed to 4-H through a Teen Club, Science and Technology Club, Health Rocks, Public Speaking, Personal Hygiene, Marketing You! Program, Master Gardener, 4-H Teen Conference, and 4-H Teen Interstate Exchange.

The goals of 4-H fit perfectly with the goals of Family School Connections CYC programs. Our desired results for our youth are:

1. Academic achievement
2. Social and emotional health
3. Health and wellbeing
4. Family, School, and community connections.

Family School Connections is requesting \$6000 to increase our youth enrollment by 30 slots at our youth center. The FSC will match the JC Penney contribution of \$6000 with funds from The New Hampshire Charitable Foundation, scholarship funds raised by our annual Walk for Children and private donations.

	Yes	No
Program meets five (5) days a week: Monday through Friday	yes	
Program is within twenty (20) miles of a JCPenney retail or catalog store	yes	
Program can provide a 100% cash match to funds requested	yes	

B. PROGRAM TIMELINE – Provide a timeline for project completion (Include timeline in Project Description) (character limit of 4000 characters)

- Beginning of August meet with 4-H educators in Sullivan County to develop clubs.
- Beginning of August train youth leaders for implementation of the 4-H clubs
- Mid August contact Middle and High School Guidance to inform them of the JC Penney Scholarships for afterschool program
- August 30, 2010 first day of school. Teen Leaders recruit at the Middle School and High school by throwing a registration pizza party at the CYC.
- Continued marketing as a recruitment tool to ensure access for all as students transition out of the CYC.
- Meet all 4-H reporting requirements throughout the year.

	Yes	No
Program will adhere to the data collection and reporting protocol as defined by National 4-H Council	yes	

C. PROJECT DESCRIPTION – Identify the problem to be impacted by this proposal. Explain how it was identified and why it is the issue of highest need in your state/community. The project description will be **worth 15 points**. Include the timeline. (Character limit of 4000 characters)

Family School Connections, with the support of the Tomey Center from Antioch College, brought together parents and youth from the community in a focus group model. The purpose was to ask both groups what they saw as the needs of youth in the community. The biggest concerns from parents were the hours of 2-6pm when they are at work and they worry their youth will get into trouble. Research shows that the parents instincts are correct, 3 pm to 6 pm are high risk times for youth. The youth focus groups were divided in outcomes: high achieving youth said they were busy with school, sports and activities afterschool. At risk youth expressed that there was nothing to do of interest afterschool. At risk youth are our target audience and our goal is to have outstanding activities that attract youth groups to the CYC.

Risk Factors for Educational Failure for Claremont Youth

- 40% or higher free and reduced lunch rates at all district schools
- Claremont School District is a District in Need of Improvement, Stevens High School, Claremont Middle Schools and two of the three elementary schools are Schools in Need of Improvement

By partnering with 4-H and UNH Cooperative Extension, the activities offered to our youth will be challenging and educational. We will address the problem of youth thinking there is nothing to do in Claremont. Youth will be given the opportunity to develop leadership skills, academic achievement, and community awareness through 4-H activities such as Public Speaking, Robotics, Teen Club, Teen Conference, Master Gardener, and Community Service.

IV. DEMOGRAPHICS – (worth 12 points)

Complete the following chart, providing *estimates* of the population(s) to be served by this grant.

Gender (by #)	
Female	18
Male	12
Ages (by #)	
6-9 years, grades 1-4	
10-12 years, grades 5-7	10
13-14 years, grades 8-9	10
15-17 years, grades 10-11	10
18+ years, grade 12	
Residence (by #)	
Rural - farm; non-farm, towns under 10,000	
Suburban – towns and cities 10,000-50,000 and their suburbs; suburbs of cities over 50,000	30
Urban – central cities and urban areas of over 50,000	
Race / Ethnicity	
Black / African American	
Asian	1
Caucasian	28
Native American	
Multi-racial	1
Unknown / other	

V. BUDGET – (worth 10 points)

Instructions: Funds can only be used to create new or sustain afterschool slots for youth who are on the verge of losing their afterschool slot due to financial hardship of the family or loss of afterschool program subsidies. No indirect costs are allowed. Please use the following procedure for requesting funds:

$$\text{Cost per slot} \div 2 = 50\% \text{ of cost} \times \text{number of slots to be created/sustained} = \text{grant request}$$

VI. Here is an example: The total cost per youth is \$900 for the school year. The mini-grant can only

cover **BUDGET** – (10 points)

Funds can only be used to create new or sustain afterschool slots for youth who are on the verge of losing their afterschool slot due to financial hardship of the family or loss of afterschool program subsidies. Funds cannot be used for summer program participation.

Please use the following formula for requesting funds.

Cost per slot ÷ 2 X number of slots to be created/sustained = grant request

50% of the cost per youth "slot", or \$450. If you need 10 slots, the formula would look like this:
 $\$900 \div 2 = \$450 \times 10 \text{ slots} = \$4,500$ requested. In this example, a \$4,500 match would be required,

Cost per slot	Total # of slots	Amount of grant funds requested	Match – List each separately	
			Source	Amount
\$400 per year	30	\$6000	New Hampshire Charitable Foundation	\$3000
			Walk for Children Fundraiser	\$2000
			Private donations	\$1,000

VII. DEMOGRAPHICS – (worth 12 points)

Complete the following chart, providing *estimates* of the population(s) to be served by this grant.

	Number of Youth
Female	18
Male	12
6-9 years, grades 1-4	
10-12 years, grades 5-7	10
13-14 years, grades 8-9	10
15-17 years, grades 10-11	10
18+ years, grade 12	
Rural - farm; non-farm, towns under 10,000	
Suburban – towns and cities 10,000-50,000 and their suburbs; suburbs of cities over 50,000	30
Urban – central cities and urban areas of over 50,000	
African American	
Asian	1
Caucasian	28
Native American	
Multi-racial	1
Unknown / other	

Sharon J. Callum

From: Sharon J. Callum [sharonjc@sullivancountynh.gov]
Sent: Monday, August 16, 2010 4:02 PM
To: Bennie Nelson; Ethel Jarvis; Comm. Jeff Barrette
Cc: Gregory Chanis-SCCA
Subject: FW: RFQ - FY10 Sullivan County Annual Report - Bid Deadline Mon. 8/16 4 PM
 Good evening Commissioners,

As of 4 PM today, the following quotes were received in response to our RFQ sent 8/9/10 for printing of the FY '10 County Annual Report:

1. \$639 (\$2.84 p/book X 225, Spiral Binding) - New London Copy Specialists, Newport
2. \$873.62 GBC Binding & \$882.62 Spiral Binding - Braden Printing, Keene
3. \$1,068.75 (Spiral Binding/No GBC) - Letter Man Press, Claremont

A copy of this e-mail will be in your binders for tomorrow's meeting, for review and decision. Thank you.
 Sharon

-----Original Message-----

From: Sharon J. Callum [mailto:sharonjc@sullivancountynh.gov]
Sent: Monday, August 09, 2010 9:53 AM
To: American Speedy Printing; Braden Press; Doolittle's PrintServe; Echo Communications; Karen Cantlin-Whitman; Lee Clayton - Letterman Press; NLCS STORE; Sarah Ruch-Braden
Cc: Gregory Chanis-SCCA
Subject: RFQ - FY10 Sullivan County Annual Report - Bid Deadline Mon. 8/16 4 PM

Good morning: Sullivan County is requesting quotes for the printing of their annual report titled "***FY 10 Sullivan County New Hampshire Annual Report Of the Board of Commissioners, Other Elected Officials and Department Heads***", based on the following:

- Number of reports: 225
- Size: 5.5" X 8.5"
- Two types of binding quotes: 1) Spiral plastic or wire and 2) GBC comb binding
- Page numbers: Approximately 180 (90 pieces of 5.5 X 8.5 white paper)
- Front and Back Cover: Heavy weight stock (similar to Index Stock)
- Color: Front cover with seal and one picture within the report are in color, all else is black print
 - Free Marketing! Your company name will be included on the back cover of all reports

If your company would like to submit a quote, please e-mail quotes to me at:
sharonjc@sullivancountynh.gov
 Or mail them to my attention at: **14 Main Street, Newport NH 03773**

Quotes should be received by: **Monday, August 16, 4 PM**

Quotes will be reviewed by the Board of Commissioners at their Tues. meeting, 8/17/10

Sullivan

Date: August 17, 2010

County

Acworth

Dear Sullivan County Commissioners,

Charlestown

On behalf of Region D, Communities United for Substance Use Prevention, I would like to request your support as fiscal agent in order to apply for continuation of the second chance mentoring program in Sullivan County.

Claremont

Cornish

Croydon

This program which was started one year ago with a grant award received from the Department of Juvenile Justice has had a marked positive impact in our community. Since the start of the program, 11 families have been involved. In addition to these youth that were at risk for placement, there were a total of 12 additional siblings affected. To date, the results have been 11 enrolled, 10 graduated, 10 currently involved. Costs recovered by virtue of these youth, not being sent to placement alone far out-step the costs of the program. There is a ripple effect throughout the community with reduced truancy, lost work, judicial and court costs, enforcement involvement. Of those presently in the program all of them have identified drug and alcohol issues with either the youth of their parents. Of those that have graduated or are currently successfully involved, there has been a marked increased awareness of risks and supports for youth, increased involvement and supports by parents for youth to make positive choices. There is evidence that they have improved decision making skills that contribute to reduced CJ system involvement and improvement lifestyle decisions.

Goshen

Grantham

Langdon

Lempster

Newport

Plainfield

Sunapee

Unity

Cheshire

County

By building positive family support systems in these homes, we are impact a key population, or tipping point, toward reduced substance abuse and involvement in the judicial system in our community.

Alstead

Walpole

This grant would be in the amount of \$50,000 for the first year, with \$25,000 for the second year. Receipt of second year funds are contingent upon attainment of match funding. We will be working over the next year to build a base of community support to achieve these matched funds. This will be developed by educating our community on the value of mentoring and this project both socially and economically and building financial support in small amounts from a broad number.

Sincerely,

Liz Hennig

Liz Hennig

Coordinator

121 Main Street, Newport, NH 03773
www.CUFSAP.org

CUFSAP Coordinator: Liz Hennig
lhennig@sullivancountynh.gov, 603-477-5565

CUFSAP Evaluator: Harry Wolhandler
hwolhandler@accelara.com, 603-827-3636

