

From: Jessie Levine, New London Town Administrator
Subject: Town of New London: Heat Advisory & Cooling Center

Dear Citizens:

The National Weather Service has issued a head advisory for the counties of S. Grafton, Sullivan, Merrimack, Strafford, Rockingham, & Hillsborough, in effect from noon today to 7 p.m. this evening. While actual air temperatures will soar into the middle and upper 90s, the combination of heat and increasing humidity levels will produce heat indices at or above 100 degrees for several hours during the afternoon and early evening.

Prolonged outdoor work or exercise in these conditions can result in heat exhaustion or even heat stroke. The combination of hot temperatures and high humidity will combine to create a situation in which heat illnesses are possible. Drink plenty of fluids, stay in an air-conditioned room, stay out of the sun, and check up on relatives and neighbors.

The Town of New London has identified **cooling centers** for those in need of air conditioned space: the Kearsarge Area Council on Aging (Chapin Senior Center), 37 Pleasant Street, is open from 9:00 AM - 4:00 PM, and sections of Tracy Memorial Library are air conditioned and the Library will be open until 8:00 PM.

Please let me know if you have any questions. Thanks very much,

Jessie Levine