

Press Release

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Public Health Network Announces Participation in September's National Preparedness Month (NPM)

Pledge to Prepare: Awareness to Action

Unity, NH – The Greater Sullivan County Public Health Network has committed to participate in National Preparedness Month throughout the month of September in order to increase awareness of the need to be prepared. National Preparedness Month is a nationwide, month-long effort encouraging households, businesses, and communities to prepare and plan for all types of emergencies.

Being prepared for an emergency makes you and your family more self-reliant before, during, and after an emergency. A simple way to start preparing is to plan for three situations:

1. Staying in your home for at least three days without access to electricity, water, stores, and other local services.
2. Leaving your home quickly to go to a safer place.
3. Connecting with friends and family when communications systems are down or overloaded.

Preparedness is a shared responsibility; it takes a whole community. This year's National Preparedness Month focuses on turning awareness into action by encouraging all individuals and communities to make an emergency preparedness plan. Learn how to prepare at ReadyNH, New Hampshire's emergency preparedness website, at www.nh.gov/ReadyNH.

You can follow the Greater Sullivan County Public Health Network on Facebook, and also on Twitter: at www.Twitter.com/GSCMRC. Or view our website for more information on preparing your home and your family: www.sullivancountynh.gov/publichealth.

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